

Weekly Curriculum Categories	Chart Dates (Hours)	Monday (Hours)	Tuesday (Hours)	Wednesday (Hours)	Thursday (Hours)	Friday (Hours)
1. Physical Activity						
2. Relationship Training						
3. Health/ Wellness Training						
4. Purpose/ Problem Solving						
5. Music						
6. Hands-On						
7. Memory/ Attention						
8. Movies, TV, Devices						
9. Current Events						
10. Humor						
11. Culture and Arts						
12. Sports						